

Cassie Kinoshi

**the colour of all things constant**

for orchestra and SATB Choir

2024

# A Note From the Arranger...

Hello! This is the score for beginner level and grades 1–3.

If you have players of a higher standard, the parts from the Youth Orchestra score will also fit so you can mix up the parts according to your ensemble's ability.

I've left the composer's performance notes on the next page for reference, but not all of them are relevant for these arrangements. A couple of things:

- The rhythmic patterns in the woodwind at bar 4 (and when the material returns later) are a suggestion – if the players want to create their own patterns that is welcome!
- The string parts have the fingerings; '-1' is first finger back in half position, 'close 2' is 2nd finger close to the 1st finger.
- The Gd 1–3 and Beginner Horn parts are essentially Horns 1 & 2.
- The original score didn't have a lot of places to breathe for the brass players so I've added some in – please feel free to add more if needed.
- The Timp part is G and low D – but the D can be an octave higher if nec. Timps could also be played on a keyboard – if you have more than two timps available please feel free to use the Youth Orchestra parts!
- I've left the choir parts as the original and you can select the voices for the forces that you have.

**Score in C**  
**Duration: ca. 6'30"**

# PERFORMANCE NOTES

## TIMPANI

### GLISSANDO ROLL



Rolled glissando to an undefined pitch.

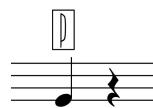
## PERCUSSION

### TRIANGLE

Triangle should sound as close to G natural as possible.

Any beater that produces a delicate sounding (perhaps slightly dampened) note as opposed to extremely bright.

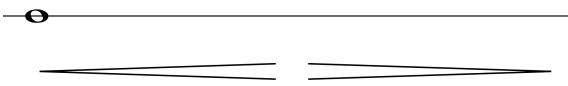
### CROTALES



Bowed note should not ring excessively beyond written note value.

### BASS DRUM

gently, not too much friction or momentum

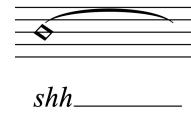


Superball mallet soft – ideally rubberhead 34mm, fiberglass shaft 3mm.

Desired effect is a texture that is not too invasive but remains audible

## SATB CHOIR

*'shh'*



Desired effect is a rushing texture blended with the orchestra, a harsh burst of sound as if hushing someone.

# Kindness

- that silent friend who listens

A portal the colour of all things constant –  
grass, sky, sunshine.

All things good: trees, rain, ocean.

That act of magic, holds us together  
with nothing but fingertips.

Ask the cracked land how kindness sounds  
in these times of rains that have not come.

In this drought of empathy,  
kindness emerges, crystal clear.

In the solidarity of a protest march,  
the gentle touch in a strangers' eyes.

Kindness – a bridge across chasms,  
for the land that holds you each day.

Thread of light, winking through chaos.

# Belinda Zhawi (MA. MOYO)

# the colour of all things constant

as commissioned by the BBC, ABRSM and Music For Youth

Cassie Kinoshi (2024)  
Words by Belinda Zhawi  
Ten Pieces arr. Sarah Freestone

**ethereal, powerful, lost in thought  $\text{♩} = 95$**

The musical score consists of 21 staves, each with a unique instrument or voice part. The parts are listed on the left side of the staves:

- C Part (Flute, recorder Grade 1-3)
- B♭ Part Grade 1-3
- Alto Saxophone (E♭ Part)
- Tenor Saxophone (B♭ Part)
- Bass Clef Part (Bassoon) Grade 1-3
- Beginner (Flute, Recorder, Oboe)
- Beginner Clarinet in B♭
- Beginner Bass Clef Part (Bassoon)
- Horn in F Grade 1-3
- Trumpet in B♭ Grade 1-3
- Trombone Grade 1-3
- Tuba Grade 1-3
- Beginner Horn in F
- Beginner Trumpet in B♭
- Beginner Trombone
- Beginner Tuba
- Timpani & Beginner Grade 1-3
- Percussion 1 Hand Bell (C, D, E, F, G, A, B, C) Wood Block Triangle Vibraphone (could be on keyboard)
- Percussion 2 Glockenspiel
- Percussion 3 Bass Drum
- Harp/Keyboard & Beginner
- Soprano
- Soprano 1
- Soprano 2
- Alto
- Alto 1
- Alto 2
- Tenor
- Tenor 1
- Tenor 2
- Baritone
- Violin I Grade 1-3
- Violin II Grade 1-3
- Viola Grade 1-3
- Violoncello Grade 1-3
- Contrabass Grade 1-3
- Beginner Violin I
- Beginner Violin II
- Beginner Viola
- Beginner Violoncello
- Beginner Contrabass

Each staff contains musical notation with specific dynamics and performance instructions. For example, the first staff (C Part) has a dynamic of  $f$  and a performance instruction of "3 on G". The last staff (Beginner Contrabass) has a dynamic of  $f$  and a performance instruction of "Open Strings". The score is set in common time (indicated by a '4') and includes various clefs (G, F, C) and key signatures.

### Full Score

6

C Part Gd 1-3

Bb Part Gd 1-3

Alto Sax.

Ten. Sax.

Gd Bsn. 1-3

C Reg. Part

Beg. Cl.

Beg. Bsh.

Gd Hn. 1-3

Gd Tpt. 1-3

(No accent)

Gd Tbn. 1-3

(No accent)

Gd Tba. 1-3

(No accent)

Beg. Hnl.

Beg. Ppt.

(No accent)

Beg. Tbn.

(No accent)

Beg. Tba.

Temp. & Beg.

Perc. 1

A C B G D A B G

To Snare Drum

Perc. 2

Perc. 3

f

Hp/Keys & Beg.

Gd 1-3

Vln. II 1-3

3

Gd Vla. 1-3

2 on G

Gd Vc. 1-3

2

-1

Vln. I

div.

Beg. Vln. II

Beg. Vla.

Reg. Vcl.

## *II.* **A** a quieting of the mind

Measures 1-3

C.Part: -

B♭ Part: -

Gd 1-3: -

Alto Sax.: -

Ten. Sax.: -

C.Beg.: -

Beg.: -

Gd Hn: 3 3 3 3

Gd Tpt: mf

Gd Tbn: mf

Gd Tba: mf

Beg. Hn: 3 3 3 3

Beg. Tpt: mf

Beg. Tbn: stagger breathing if nec.

Beg. Tba: stagger breathing if nec.

D

Timpani & Beg.: -

Perc. 1: To Wood Block

Perc. 3: -

S.: mf ah shh

A.: mf ah shh

T.: mf ah shh

B.: mf ah shh

**A a quieting of the mind**

Vln. I: -1 mf

Vln. II: -1 on D mf

Gd Vla: 1 on A 2 close 1

Gd Vc: 4 on D

Gd Cb: -1 on D mf

Beg. Vln. I: 1 mf div.

Vln. II: mf

Beg. Vla: mf

Beg. Vc: mf

Beg. Cb: G harmonic mf

### Full Score

15

C Part  
Gd 1-3

B♭ Part  
Gd 1-3

Alto Sax.

Ten. Sax.

Gd Bsn 1-3

C Part

Beg. Ccl.

Beg. Bsh.

Gd Hn 1-3

Gd Tpt 1-3

(mf)

stagger breathing if nec.

Gd Tpn 1-3

Gd Tba 1-3

Reg. Hrn.

Beg. Tpt.

stagger breathing if nec.

Beg. Tbn.

stagger breathing if nec.

Beg. Tba.

Tim. & Beg.

D

Wood Block

To Triangle

Perc. 1

Perc. 3

mp

Gliss white notes - go high!

Hp & Keys & Beg.

1 S.  
2 ah

gliss

ff

shh

ff shh

ff shh

ff shh

ff shh

ah.

ah.

ah.

ah.

Vln. I  
Gd 1-3

f -1 on D

Vln. II  
Gd 1-3

1 on A f

2 close

Gd Vla 1-3

f 4 on D

Gd Vc 1-3

Gd Cb 1-3

Beg. Vln. I

1 f div.

Beg. Vln. II

f

0

3 on D

2 close

Beg. Vcl.

f

Beg. Vtr.

f

Beg. Cb.

G harmonic

f

**B**

19

Gd 1-3      *mp sub.*

Bb Part Gd 1-3      *mp sub.*

Alto Sax.      *mp sub.*

Ten. Sax.      *mp sub.*

C Beg Part      *mp sub.*

Beg Cl.      *mp sub.*      *mp*

Gd Hn 1-3      *mp sub.*

Gd Tbn 1-3      *mp*

Beg Hrn.      *mp sub.*

Beg Tbn.      *mp*

Perc. 1      *mp*      Triangle      To Vibraphone/Keyboard

Perc. 2      G      G      D      B      D      G      D      B      G      D      G

Perc. 3      *mp sub.*      gently, not too much friction or momentum      > > >

Hp/Keys & Beg. Gd 1-3      D      (mp) D      (mp)

S.      *mp sub.*      that si - lent friend who li - stens li - stens that si - lent friend who li - stens

S.      *mp*      that si - lent friend friend friend that si - lent friend li - stens

A.      *mp*      friend friend friend si - lent friend si - lent

A.      *mp*      friend friend friend friend friend who

T.      *mp*      friend who li - stens li - stens shh li - stens

T.      *mp*      friend li - stens friend shh li - stens

B.      *mf*      shh

**B**

Gd 1-3      sul pont. (bow close to the bridge) 1 (close) 3 2 (close) 3 1 0 1 1 2 (close) 3

Vln. II Gd 1-3      *mp* trem. *mp* harmonic (touch D string lightly with 3rd finger)

Beg Vln. I      *mp* trem. play both strings if poss

Vln. II Beg

### Full Score

41

C Part l-3  
Bb Part Gd l-3  
Alto Sax.  
Ten. Sax.  
Gd Bsn l-3  
C Beg Part  
Beg Ctl  
Beg Bsh  
Gd Hn l-3  
Gd Tpt l-3  
Gd Tbn l-3  
Beg Hrt  
Reg Ppt  
Beg Tbn  
Perc. 3  
Hpt/Keys & Beg Gd l-3  
S. con - - stant; grass sky sun - - shine grass sky  
A. con - - stant; grass sky sun - - shine grass  
T. con - - stant;  
B. con - - stant;  
Gd Vln I l-3 3 1 3 3 3 2 close 1 3 2 close 0  
Gd Vln II l-3 0 0 -1 0 0 2 0  
Gd Vla l-3 0 0 -1 3 on G 0 0 2 on G -1  
Gd Vc l-3 4 on G 0 0 0 0 2 on G -1  
Gd Cb l-3 0 0 -1 0 0 0 0  
Beg Vln I 3 3 on D 3 0  
Beg Vln II 0 0 -1 0 0 0 0  
Beg Vla 0 0 -1 0 0 0 0  
Reg Vcl 0 0 -1 0 0 0 0

### Full Score

46

**D**

C Part 1-3  
B♭ Part 1-3  
Alto Sax.  
Ten. Sax.  
Gd 1-3  
C Part  
Beg. Cl.  
Beg. Bsh.

Gd 1-3  
Gd Tpt 3  
Gd Tbn 3  
Beg. Hn.  
Beg. Tpt.  
Beg. Tbn.

Perc. 2.  
Hn./Keys & Beg.

S.  
A.  
T.  
B.

Gd Iln 1-3  
Vln II 1-3  
Gd Vla 1-3  
Gd Vcl 3  
Gd Cb 1-3  
Beg. Vln I  
Beg. Vln II  
Beg. Vcl  
Beg. Vcl

(mf)

*mf sub.*  
*mf*

*mf*

*mf*

*mf*

*mf*

*mf*

*mf*

*mf*

*p*

sun - shine. ah That act of ma - gic holds us with no - thing

sky sun - shine. ah That act of ma - gic holds us with no - thing

sky sun (*mf*) shine. ah That ma - gic ma - gic

All things good trees rain and o - cean. shh mp shh

All things good trees rain and o - cean. shh mp shh

**D** 3 on D (hold down) 1 0 0 1 3 Play near the bridge 2 (close) on A -1 2 (close) on D -1 on D

1 0 0 1 3 sul pont. (play close to the bridge) 4 on A p sub.

0 2 on G 0 2 on G sul pont. (play close to the bridge) 3 on A p sub.

2 on C 0 0 4 on A p sub.

0 -1 on D 0 0 3 on A p sub.

3 3 on A sul pont. (play close to the bridge) 3 on A p sub.

Play both strings 3 on D, harmonic - touch the string lightly 3 on D, harmonic - touch the string lightly p sub.

Play both strings 4 on D, harmonic - touch the string lightly 4 on D, harmonic - touch the string lightly p sub.



61

Full Score

Gd Part 1-3  
Bb Part Gd 1-3  
Alto Sax.  
Ten. Sax.  
Gd Bsn 3  
C Beg Part  
Beg Cl.  
Beg Bsn.  
Gd Hn 3  
Gd Tpt 3  
Gd Tbn 3  
Gd Tba 3  
Beg Hrn.  
Beg Tpt.  
Beg Tbn.  
Beg Bsa.  
Timpani & Beg.  
Perc. 2  
Perc. 3  
Gd Vln 1-3  
Vln II  
Gd 1-3  
Gd Vla  
Gd Vcs  
Gd Cb  
Beg Vln I  
Beg Vln II  
Beg Vla  
Beg Vcs  
Beg Cb  
Beg Kb

61

G G G D G G D D D D

D D A B D A C B G

2 (close) on D  
-1 on D  
2  
div.

66

C Pft.  
Gd 1-3  
Bb Part.  
Alto Sax.  
Ten. Sax.  
Reg. C Pft.  
Beg. Cl.

Gd Hn.  
Gd Tpt.  
Tbn.  
Gd Tpa.  
Beg. Hrn.  
Beg. Ppt.  
Beg. Tbn.  
Beg. Tba.

Timp. & Beg.  
Perc. 1  
Perc. 2  
Perc. 3  
Hp./Keys & Beg.

S.  
A.  
T.  
B.

Vln. I  
Vln. II  
Gd 1-3  
Gd Vla.  
Gd 1-3  
Gd Vcl.  
Gd Cb.

Beg. Vcl.  
Beg. Vhn.  
Beg. Vcl.  
Beg. Vcl.  
Beg. Cb.

*stagger breathing if nec.*  
*stagger breathing if nec.*  
*stagger breathing if nec.*  
*stagger breathing if nec.*

To Snare Drum

G  
G  
G  
G

Snare Drum

G  
G  
G  
G

*sfmf*  
*sfmf ah*  
*sfmf ah*

*f*  
*f shh.*  
*f shh.*  
*f shh.*  
*f shh.*  
*f shh.*  
*shh.*

*mp*  
*mp*  
*mp*  
*mp*  
*mp*  
*mp*  
*mp*

*3*  
*2 on G*  
*2*  
*2 on A*  
*3*

*mp*  
*mp*  
*mp*  
*mp*  
*mp*

**F**

70

Gd 1-3  
Bb Part  
Gd 1-3  
Alto Sax.  
Ten. Sax.  
C Beg Part  
Beg Cl.

*mp sub.*

*mp sub.*

*mp sub.*

*mp sub.*

*mp sub.*

*mp sub.*

*mp*

Gd Hn.  
Gd Tpt 3  
Gd Tbn 3  
Beg Hn.  
Beg Ppt.  
Beg Bhn.

*mp* harmon mute

*mp* cup mute

*mp*

harmon mute *mp*

cup mute *mp*

*mp*

*mp*

Perc. 1  
Perc. 2  
Perc. 3  
Hps & Keys  
& Beg.

To Triangle

Triangle

To Vibes/Keys

*mp*

G D B D G D B G D G B

*mp*

B

*mp sub.*

G

D G  
(*mp*) D G  
(*mp*)

S.  
2  
A.  
2  
T.  
B.

*mf*

kind-ness sounds kind-ness sounds kind-ness sounds have not have not have not

*mf*

kind-ness sounds kind-ness sounds kind-ness sounds have not have not have not

*mf*

Ask the cracked land how kind-ness sounds in these times of rains have not have not have not.

*mf*

Ask the cracked land how kind-ness sounds in these times of rains have not have not come have not.

*mf*

kind - ness kind - ness times of rains that have not come have not have not.

*mf*

kind - ness kind - ness rains that have not come have not come have not.

**F**

Gd I-3  
Vln I-3  
Gd II-3  
Gd Vc-3  
Beg Vln I  
Beg Vln II

1 (close) 3

1 0 1

1 (close) 3 1

*mp*

3 on D trem. trem. trem.

0 -1 0 3 on G 1 3

harmonic (touch D string lightly with 3rd finger)

*mp* trem. trem. play both strings if poss play both strings if poss

85

Gd Part  
Gd 1-3  
Bb Part  
Gd 1-3  
Alto Sax.  
Ten. Sax.  
Bsn  
Gd 1-3  
C PArt  
Beg. Cl.  
Beg. Bsn.

Gd Hn-3  
Gd Tpt-3  
Gd Tbn-3  
Gd Tba-3  
Beg. Hrn.  
Beg. Ppt.  
Beg. Tbn.  
Beg. Tba.

Vibraphone/keyboard alternate between the two notes as fast as you can  
G A

Perc. 1  
Perc. 2  
Perc. 3  
Hn Keys & Beg.

S.  
have not. drought of em - pa - thy  
f kind - ness  
kind - ness  
kind - ness

A.  
have not. drought of em - pa - thy  
f kind - ness  
kind - ness  
kind - ness

T.  
In this drought of em - pa - thy  
f kind - ness  
kind - ness  
kind - ness

B.  
not. drought of em - pa - thy  
f kind - ness  
kind - ness  
kind - ness

In this drought of em - pa - thy  
kind - ness  
kind - ness  
kind - ness

come.  
drought trem.  
0 1

div.

Gd 1-3  
Vln. II Gd 1-3  
Gd Vla-3  
Gd Vc-3  
Gd Cb-3  
Vln. I  
Beg. Vln. I  
Beg. Vln. II  
Beg. Vla.  
Beg. Vc.  
Beg. Cb.

**G**

94

Alto Sax.

Ten. Sax.

Beg. Cl.

Perc. 2

Perc. 3

Hp/Keys & Beg.

Soprano (S.)

Alto (A.)

Tenor (T.)

Bass (B.)

Violin I (Vln. I)

Violin II (Vln. II)

Viola (Vla.)

Cello (Cello)

Double Bass (Bass)

Bassoon (Beg. Vcl.)

D B G D

*mf*

B G  
F#  
G E  
E C  
G E  
G D

unis.  
*mf*

kind - - ness - - - crys - - tal - - clear. In the

kind - - ness - - - crys - - stal - - clear. In the

kind - - ness - - - crys - - tal - - clear. In the

kind - - ness e - - merg - - - es crys - - tal - - clear. In the

kind - - ness e - - merg - - - es crys - - tal - - clear. In the

**G**

Gd 1-3

Vln. II

Gd 1-3

Gd 1-3

Gd 1-3

Vln. I

Vln. II

Beg. Vcl.

Beg. Vcl.

Beg. Vcl.

Beg. Vcl.

pizz  
1 on D

*mp sub.*

2 on A

*p*

2 on D

1 on A

*p*

2 on G

*p*

4 2 1 4 1

*p*

1 on D

*p*

2

*p*

pizz

*p*

pizz

*p*

99

C Part Gd 1-3

B♭ Part Gd 1-3

Alto Sax.

Ten. Sax.

C Regt. Beg. C

Gd Tpt. 3 Beg. Tpt.

Perc. 3

Hp/Keys & Beg.

S. sol - i - dar - i - ty of a pro - test march the gen - tle

A. sol - i - dar - i - ty of a pro - test march the gen - tle

T. sol - i - dar - i - ty of a pro - test march the gen - tle

B. sol - i - dar - i - ty of a pro - test march the gen - tle

Gd I-3 0 1 3 0 3 1 0 1 1 1 0 1 2 close 3 4 0  
mf 3 on D 0 1 1 on D 3 1 1 1 0 1 2 (gap) 3  
Vln II-3 0 2 close 3 1 1 1 0 1 2 1  
Gd Vla-3 4 2 on D 2 on A 1 1 1 0 1 2 1  
Gd Vc-3 2 1 4 2 1 1 1 0 1 2 1  
Gd Cb-3 2 1 4 2 1 1 1 0 1 2 1  
Beg. I 3 2 1 4 2 1 1 1 0 1 2 1  
Beg. Vln II 3 2 1 4 2 1 1 1 0 1 2 1  
Beg. Vla. 3 2 1 4 2 1 1 1 0 1 2 1  
Beg. Vcl. 3 2 1 4 2 1 1 1 0 1 2 1  
Beg. Cb. 3 2 1 4 2 1 1 1 0 1 2 1

### Full Score

108

**H**

Gd Part 1-3  
Bb Part 1-3  
Alto Sax.  
Ten. Sax.  
C Beg Part

Gd Hn 1-3  
Gd Tpt 1-3  
Reg. Hn.  
Reg. Tpt.

Hp/Keys & Beg.

S.  
A.  
T.  
B.

Gd Vln I 1-3  
Vln II 1-3  
Gd Vla 1-3  
Gd Vc 1-3  
Beg Vln I  
Beg Vln II  
Beg Vla

in the distance

in the distance

Alternate between the two notes as fast as you can  
B E (play the same as the bar before) 4

mp Alternate between the two notes as fast as you can  
F A (play the same as the bar before) 4

touch in a strangers' eyes.

**H**

sul pont.  
mf  
1  
sul pont.  
mf sub.  
2 (close)  
sul pont.  
mf sub.  
sul pont.  
mf  
2 (close)  
sul pont.  
mf sub.  
sul pont.  
mf sub.  
sul pont.  
mf sub.  
sul pont.  
mf sub.  
sul pont.  
mf sub.

**I**

114

Gd Part 1-3  
Bb Part 1-3  
Alto Sax.  
Ten. Sax.  
Gd Bsn 1-3  
C Beg Part  
Beg Bsn.

Gd Hn 1-3  
Gd Tbn 1-3  
Gd Tba 1-3  
Beg Hff.  
Beg Tbn.  
Beg Pba.

Tim. & Beg.  
Perc. 2.  
Perc. 3.  
Hpf Keys & Beg.

Gd Vln 1-3  
Vln II 1-3  
Gd Vla 1-3  
Gd Vcl 1-3  
Gd Cb 1-3  
(mf)  
Beg Vln I  
Beg Vln II  
Beg Vcl  
Beg Vcl  
Beg Cb  
(mf)

Full Score

17

### Full Score

121

C Part  
Gd 1-3  
Bb Part  
Gd 1-3  
Alto Sax.  
Ten. Sax.  
Gd Bsn  
C Part  
Beg Ctr.  
Beg Bsh.  
Gd Hn  
Gd Tpt  
Gd Tbn  
Gd Tpa  
Reg Hhn  
Beg Ppt.  
Beg Tbn.  
Beg Ppt.  
Tim. Gd & Beg.

G Handbell  
To Snare Drum  
Snare Drum

Perc. 2.  
Perc. 3.  
Hn/Keys & Beg.

S.  
A.  
T.  
B.

Gd 1-3  
Gd 1-3  
Gd Vla  
Gd Y-3  
Gd Ch  
Vln I  
Vln II  
Beg. Vla  
Beg. Vcl  
Beg. Cb

div.

127 rit.

**G.P. J full of hope, reaching ♩ = 75**

127 rit.

**G.P. J full of hope, reaching ♩ = 75**

C.P.  
Bb.P.  
Beg.C.  
Beg.Hn.  
Beg.Tbn.  
Beg.Hfl.  
Beg.Bbh.  
Perc. 1  
Perc. 2  
Perc. 3  
S.  
A.  
T.  
B.

Vln.I  
Vln.II  
Gd.I  
Gd.II  
Gd.III  
Beg.Vln.I  
Beg.Vln.II  
Beg.Vla  
Beg.Vcl.  
Beg.Cb.

### Full Score