

Contrabass

Cassie Kinoshi

**the colour of all things constant**

for orchestra and SATB choir

2024

## Kindness

– that silent friend who listens

before pulling you away.

A portal the colour of all things constant –

grass, sky, sunshine.

All things good:

trees, rain, ocean.

with nothing but fingertips.

That act of magic, holds us together

in these times of rains that have not come.  
Ask the cracked land how kindness sounds

In this drought of empathy,

kindness emerges, crystal clear.

In the solidarity of a protest march,

the gentle touch in a strangers' eyes.

Kindness – a bridge across chasms,

for the land that holds you each day.

Thread of light, winking through chaos.

**Belinda Zhawi (MA. MOYO)**

**2024**

# the colour of all things constant

as commissioned by the BBC, ABRSM and Music For Youth

Cassie Kinoshi (2024)

Words by Belinda Zhawi

Ten Pieces arr. Sarah Freestone

ethereal, powerful, lost in thought ♩ = 95

Musical notation for the first system, featuring various time signatures and rests. The notation includes a 4/4 measure with a '2' above it, a 2/4 measure with a rest, a 4/4 measure with a '3' above it, a 3/4 measure with a rest, a 4/4 measure with a '2' above it, a 3/4 measure with a rest, and a final 4/4 measure.

11 **A** a quieting of the mind

Musical notation for section A, starting at measure 11. It features a series of notes with slurs and accents, with dynamics *mf* and *f* indicated. The notation includes a 4/4 measure with a *mf* dynamic, followed by a 2/4 measure with a *f* dynamic, and a 4/4 measure with a *f* dynamic.

Musical notation for section B and C, starting at measure 19. Section B is a long rest of 18 measures with a *mp* dynamic. Section C begins with a slur over two notes, with a *mf* dynamic. The notation includes a 4/4 measure with a *mp* dynamic, followed by a 4/4 measure with a *mf* dynamic.

Musical notation for section D, starting at measure 41. It features a series of notes with slurs and accents, with a triplet of notes indicated. The notation includes a 3/4 measure with a triplet, followed by a 4/4 measure with a triplet, and a 4/4 measure with a triplet.

Musical notation for section D, starting at measure 47. It features a series of notes with slurs and accents, with a 7-measure rest indicated. The notation includes a 4/4 measure with a slur, followed by a 4/4 measure with a slur, and a 7-measure rest with a *mf* dynamic. The instruction "non vib. molto sul pont." is present.

Musical notation for section E, starting at measure 59. It features a series of notes with slurs and accents, with a *f* dynamic indicated. The instruction "vib., arco norm." is present. The notation includes a 4/4 measure with a *f* dynamic, followed by a 2/4 measure, a 4/4 measure, and a 3/4 measure.

Musical notation for section F, starting at measure 66. It features a series of notes with slurs and accents, with a 4-measure rest indicated. The notation includes a 4/4 measure with a slur, followed by a 3/4 measure, a 4/4 measure, and a 4-measure rest.

74

**14**

*mp* *mf*

**G**

94

*div., pizz.*

*unis.*

*mp sub.* *mf*

100

105

**H**

*arco*

*(mf)* *mf*

116

**I**

*f* *mf*

124

*rit.*

**G.P.**

*mf* *mp* *p*

132

**J** full of hope, reaching ♩ = 75

**14**

**2**

*p*

150

**2**

*pp* *ppp*